<table>
<thead>
<tr>
<th>Name</th>
<th>Score</th>
<th>Height</th>
<th>Age</th>
<th>Reps</th>
<th>Sets</th>
<th>Notes</th>
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<tbody>
<tr>
<td>Athlete 6</td>
<td>60</td>
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<td>Athlete 7</td>
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<td>Athlete 9</td>
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<tr>
<td>Athlete 10</td>
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<td>60</td>
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<tr>
<td>Athlete 11</td>
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<td>Done</td>
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</tbody>
</table>

**Scores**
- **Back Squat**: 60, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Bench Press**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Cable Rows**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Hip Thrust**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Side Bridge**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Trap Stretch**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Hip Clams**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Bench Press WT**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Back Squat 66%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Bench Press 66%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Side Bridge 66%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Trap Stretch 66%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Hip Clams 66%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Bench Press 51%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Side Bridge 51%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Trap Stretch 51%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0
- **Hip Clams 51%**: 60, 55, 50, 45, 40, 35, 30, 25, 20, 15, 10, 5, 0

**Team Session**
- **Name**: Milek Jovanovic
- **Score**: 60, 60, 60, 60, 60, 60, 60, 60, 60, 60, 60
- **Height**: 60, 60, 60, 60, 60, 60, 60, 60, 60, 60, 60
- **Age**: 60, 60, 60, 60, 60, 60, 60, 60, 60, 60, 60

**Notes**
- **Done**: Indicates completion of the exercise.