

**TABLE 1.** The positional anthropometric and performance characteristics of elite Gaelic football players.\*†

	Total <i>n</i> = 148	Full backs <i>n</i> = 27	Half backs <i>n</i> = 33	Midfielders <i>n</i> = 24	Half forwards <i>n</i> = 33	Full forwards <i>n</i> = 30
<b>Anthropometric characteristics</b>						
Height (cm)	183.7 ± 5.9 (182.7, 184.7)	182.2 ± 6.9 (179.5, 184.8)	181.9 ± 4.3 (180.4, 183.4)	186.6 ± 4.6 (184.6, 188.5)	184.1 ± 5.6 (182.1, 186.1)	184.3 ± 6.9 (181.8, 186.9)
Body mass (kg)	83.6 ± 8.3 (82.2, 84.9)	84.0 ± 6.3 (81.5, 86.4)	81.8 ± 8.0 (79.0, 84.6)	84.2 ± 5.8 (81.8, 86.7)	81.6 ± 6.0 (79.5, 83.7)	86.9 ± 12.6 (82.2, 91.6)
Sum of 7 skinfolds (mm)	81.3 ± 22.9 (77.6, 85.1)	86 ± 25.6 (76.1, 95.9)	72.9 ± 14.8 (67.7, 78.2)	77.0 ± 17.1 (69.5, 84.5)	77.0 ± 17.1 (70.9, 83.0)	94.6 ± 30.2 (83.3, 105.8)
Adiposity (%AT)	11.3 ± 1.7 (11.0, 11.6)	11.9 ± 2.0 (11.1, 12.7)	10.5 ± 1.2 (10.1, 10.9)	10.9 ± 1.2 (10.4, 11.4)	10.9 ± 1.4 (10.4, 11.4)	12.3 ± 2.1 (11.5, 13.1)
<b>Performance characteristics</b>						
SJ (cm)	36.1 ± 4.9 (35.3, 36.9)	35.8 ± 4.7 (33.9, 37.6)	36.2 ± 4.6 (34.6, 37.9)	33.3 ± 3.7 (31.7, 34.8)	37.0 ± 4.7 (35.4, 39.6)	37.5 ± 5.6 (35.4, 39.6)
SJ PP (W)	3,923 ± 501 (3841, 4,004)	3,920 ± 453 (3744, 4,096)	3,851 ± 445 (3693, 4,008)	3,779 ± 287 (3658, 3,900)	3,887 ± 465 (3722, 4,052)	4,158 ± 692 (3900, 4,416)
SJ RPP (W·kg <sup>-1</sup> )	46.9 ± 3.6 (46.3, 47.5)	46.6 ± 3.4 (45.3, 47.9)	47.1 ± 3.6 (45.8, 48.4)	44.9 ± 2.7 (43.8, 46.1)	47.5 ± 3.5 (46.3, 48.8)	47.8 ± 3.9 (46.4, 49.3)
CMJ (cm)	38.0 ± 5.1 (37.2, 38.9)	37.9 ± 4.8 (36.0, 39.8)	37.7 ± 4.9 (36.0, 39.4)	35.0 ± 4.0 (33.4, 36.7)	38.9 ± 4.8 (37.1, 40.6)	40.0 ± 5.8 (37.8, 42.1)
CMJ PP (W)	4,040 ± 510 (3957, 4,122)	4,051 ± 447 (3877, 4,224)	3,939 ± 458 (3776, 4,101)	3,887 ± 295 (3672, 4,012)	4,000 ± 474 (3832, 4,168)	4,306 ± 689 (4049, 4,564)
CMJ RPP (W·kg <sup>-1</sup> )	48.3 ± 3.7 (47.7, 48.9)	48.2 ± 3.5 (46.9, 49.5)	48.2 ± 3.8 (46.8, 49.5)	46.2 ± 2.9 (45.0, 47.4)	48.9 ± 3.5 (47.7, 50.2)	49.6 ± 4.1 (48.0, 51.1)
Sprint-5 m (s)	1.10 ± 0.11 (1.08, 1.11)	1.13 ± 0.19 (1.06, 1.21)	1.09 ± 0.08 (1.07, 1.12)	1.11 ± 0.07 (1.08, 1.14)	1.07 ± 0.10 (1.03, 1.10)	1.08 ± 0.07 (1.06, 1.11)
Sprint-10 m (s)	1.82 ± 0.12 (1.80, 1.84)	1.83 ± 0.21 (1.75, 1.91)	1.82 ± 0.9 (1.78, 1.85)	1.84 ± 0.05 (1.82, 1.86)	1.80 ± 0.09 (1.76, 1.83)	1.82 ± 0.09 (1.79, 1.85)
Sprint-20 m (s)	3.09 ± 0.16 (3.06, 3.11)	3.09 ± 0.24 (3.00, 3.18)	3.11 ± 0.16 (3.05, 3.16)	3.10 ± 0.08 (3.07, 3.14)	3.05 ± 0.14 (3.00, 3.10)	3.08 ± 0.13 (3.04, 3.13)

\*%AT = adipose tissue percentage estimate; SJ = squat jump; PP = peak power; RPP = relative peak power; CMJ = counter movement jump.

†Data presented as mean ± *SD* (95% confidence intervals).